

FOR INDIVIDUALS OF ALL ABILITIES

WELLNESS FESTIVAL

FREE EVENT!

OCTOBER 20, 2018 • 11 AM TO 2 PM

Register: NHVillage.org or 860-673-8893

Location: New Horizons Village, 37 Bliss Memorial Road,

Unionville, CT 06085

NEW HORIZONS

Independence You Want, Help Too



IMPROVE YOUR HEALTH

The Wellness Festival will include:

Complimentary snacks
Healthy eating on a budget workshop
Art therapy
Adaptive sports activities provided by
Gaylord Sports Assoc. & Chapter 126
Free health screenings
Prizes

FREE EVENT!







REGISTER FOR THE WELLNESS FESTIVAL BY GOING TO

www.nhvillage.org/events or by calling 860-673-8893